

Curriculum Outline: Relationships and Sex Education (RSE)

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information and exploring issues and values.

Much of relationship education at Summerhill happens through daily life in the community. Respect for others and oneself as well as understanding boundaries is developed this way. Having time to process and understand emotions contributes to this development, as does observing and being involved in conflict resolution through the meeting process. Being able to uphold their own boundaries throughout childhood gives children a self-confidence which contributes to every aspect of their future lives.

Some aspects of the curriculum regarding the human body are delivered in science lessons. Some aspects of online relationships and being safe are delivered through online safety chats and the school meeting.

There is a record kept of which parts of the curriculum are delivered in each way.

At Summerhill, we believe that sex is not a taboo subject and that children should be able to talk about it when they feel ready.

The school policy is to be supportive and to offer advice and information about sex and sexuality whenever it is needed. The school aims for children to feel comfortable and supported so that if sexual problems arise, they will be able to talk openly to the adults and seek help.

Age appropriate books and resources are available in the houseparent rooms and in the school library.

As well as informal chats and information, annual sex and relationship chats and annual online safety chats are offered, tailored to the different age groups within the school. These chats are both in line with school policy and DfE statutory guidance, *Relationships Education, Relationships and Sex Education (RSE) and Health Education*, for RSE.

Chats are inclusive safe spaces, where pupils may ask any question and there is an honesty box giving all pupils the opportunity to ask anonymously.

Living in a small community where everyone knows one another allows for discussion which is sensitive and age and developmentally appropriate for all.

This curriculum outline will be reviewed and updated annually and an annual self-evaluation for sex and relationship chats and online safety chats will be completed.

San and Cottage Curriculum

Families and people who care for me

Caring friendships

Respectful relationships

Online relationships

Being safe

The human body, including differences and how they grow

Healthy bodies and hygiene

House Curriculum

Families

Respectful relationships, including friendships

The body; changes through puberty and hygiene

Periods and sanitary products

Online and the media

Shack Curriculum

Online and Social Media

Stereotypes

Being safe, including methods of contraception

The law

Readiness

Consent

Carriages Curriculum

Online relationships, staying safe and the law

Being safe, including sexual health and contraception

Healthy, happy, intimate and sexual relationships

Parents will be informed of the content of chats and which member(s) of staff will be delivering them at least two weeks in advance of them taking place so that they may review and consult the school if they wish to.